

# Gaits

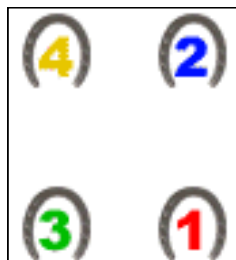
USPC D Manual 2<sup>nd</sup> Ed. p.250-252



Name: TEACHER Date: \_\_\_\_\_

## Walk

The horse lifts his hooves as follows:



- (1st beat) **right hind leg**
- (2nd beat) **right fore leg**
- (3rd beat) **left hind leg**
- (4th beat) **left fore leg**

- How many beats in a walk? 4
- Average miles per hour - 4
- True or *False* - there is suspension in a walk.

## Extended Walk

How is an extended walk different from a natural walk?

Same as a walk, but legs extend out farther

## Trot

The horse lifts his hooves as follows:



- (1st beat) **right fore / left hind**
- (2nd beat) **left fore / right hind**



- How many beats in a trot? 2
- Average miles per hour - 6
- *True* or False - there is suspension in a trot.
- The western name for trot is JOG.
- Circle one: The trot is/is not a diagonal gait.

## Extended Trot

How is an *extended* trot different from a natural trot?

same as a trot, except the legs extend out farther

Pace Trot What is a pace trot? same as trot, except not diagonal

## Canter

The horse lifts his hooves as follows:

The **Right**-Lead Canter:

(2)

(3)

(1st beat) **left hind leg**

(2nd beat) **right hind / left fore**

(3rd beat) **right fore leg**

(1)

(2)

(3)

(2)

The **Left**-Lead Canter:

(1st beat) **right hind leg**

(2nd beat) **left hind / right fore**

(3rd beat) **left fore leg**

(2)

(1)

- How many beats in a canter? \_\_\_\_\_ **3** \_\_\_\_\_
- Average miles per hour - \_\_\_\_\_ **8** \_\_\_\_\_
- **True** or False - there is suspension in a canter.
- The western name for canter is \_\_\_\_\_ **lope** \_\_\_\_\_.
- Circle one: The canter **is/is not** a diagonal gait.

## Gallop

The horse lifts his hooves as follows:

(3)

(4)

The **Right-Lead** Gallop:

(1st beat) **left hind leg**

(2nd beat) **right hind leg**

(3rd beat) **left fore leg**

(4th beat) **right fore leg**

(1)

(2)

(4)

(3)

The **Left**-Lead Gallop:

(1st beat) **right hind leg**

(2nd beat) **left hind leg**

(3rd beat) **right fore leg**

(4th beat) **left fore leg**

(2)

(1)

- How many beats in a gallop? \_\_\_\_\_ **4** \_\_\_\_\_
- Average miles per hour - \_\_\_\_\_ **15** \_\_\_\_\_
- **True** or False - there is suspension in a gallop.
- Circle one: The gallop **is/is not** a diagonal gait.
- What is a "hand gallop"? ***\_Not actual gallop, really a faster canter; a 3 beat gait, ridden in 2 point when jumping.\_***